



AUTUMN 2020
BRUNCH MENU

RESTAURANT

STARTERS

NEW ENGLAND CLAM CHOWDER 8.95
Smoked Paprika Croutons & Fresh Chives

BUTTERNUT SQUASH SOUP 8.95
Roasted Spiced Pumpkin Seeds

CRISPY SMOKED BURATTA 14.95
Sausage, Fennel, Frisée, Tomatoes, Sherry Vinaigrette

CRAB LOUIE 15.95
Crispy Avocado, Frisée, Radicchio, Grapefruit,
Louie Dressing

SHRIMP SPRING ROLLS 13.95
Lime Miso & Sweet Chili Aioli Dipping Sauces

TUNA TARTARE 15.95
Avocado, Crispy Wontons, Ponzu & Wasabi

BACON JAM CHICKEN WINGS 13.95
Apple Cider Ranch

TOAST TRIO 12.95
Brie & Figs / Herb Mushrooms & Onion Marmalade /
Smashed Avocado, Shaved Brussels, Garlic Aioli,
Parmesan & Smoked Paprika

POWER LUNCH 14.95

YOUR CHOICE OF
SOUP | SALAD | SANDWICH OR SALMON

NEW ENGLAND CLAM CHOWDER
BUTTERNUT SQUASH SOUP



CASEAR SALAD

HOUSE SALAD



FRIED CHICKEN SLIDER

3W BURGER SLIDER

PAN SEARED SALMON

VEGGIE BURGER SLIDER

SIDES

3WEST MAC & CHEESE 8.95

ANGRY KALE 7.95

LOADED SMASHED POTATOES 8.95

POMME FRITES 7.95

TRUFFLE POMME FRITES 8.95
W/ PARMESAN CHEESE

SALADS

CAESAR

Romaine, Parmesan, Sourdough Croutons 9.95

WEDGE OF BABY ICEBURG LETTUCE 10.95

Tomato, Bacon, Pickled Red Onion, Sourdough Croutons
Creamy Blue Cheese Dressing

CRISPY CALAMARI SALAD 15.95

Frisée, Radicchio, Sesame Seeds & Miso Vinaigrette

3W FARMERS SALAD 12.95

Arugula, Frisée, Dried Cranberries, Shaved Apple,
Goat Cheese, Pecan Pie, Mulled Apple Cider Vinaigrette

PAN SEARED SALMON SALAD 16.95

Baby Spinach, Quinoa, Spiced Toasted Almonds, Grape Tomatoes,
Sherry Vinaigrette

SANDWICHES

3 WEST CHEDDAR BURGER 16.95

Harvest Rib-eye Blend, Lettuce, Tomato, Pickles, Garlic Aioli,
Brioche Bun, Frites

HOUSE MADE VEGGIE BURGER 14.95

Brioche, Lettuce, Tomatoes, Cheddar Cheese, Rosemary Aioli, Frites

CRISPY CHICKEN SANDWICH 15.95

Pickles, Tomatoes, Swiss Cheese, Green Cabbage Slaw,
Brioche Bun, Frites

ROTISSERIE CHICKEN QUESADILLA 12.95

Caramelized Onion, Black Bean, Four Cheeses, Kale, Sour Cream,
Avocado Mash

CRAB LOUIE B.L.T 16.95

Bacon, Lettuce, Tomato, Ciabatta, Old Bay Frites

BRUNCH

STEAK & EGGS 20.95

Sunny Side Egg, Potato Hash, Hollandaise

AUTUMN VEGETABLE FRITTATA 16.95

Seasonal Vegetables, Feta Cheese, Arugula Salad,
Sherry Vinaigrette

COLOSSAL CRAB BENEDICT 18.95

Toasted Filone, Poached Eggs, Béarnaise, Arugula Salad, Sherry
Vinaigrette

QUINOA BREAKFAST BOWL 19.95

Sunny Side Egg, Brown Rice, Quinoa, Bacon,
Avocado, Blistered Tomato

CHOCOLATE CHIP PANCAKES 9.95

MAINS

FILET MIGNON 34.95

Brussels Sprout, Butternut, Cranberry Medley,
Rosemary Honey & Frites

BLACKENED BARNEGAT SCALLOPS 19.95

Sweet Potato Grits, Onion Marmalade & Herb Mushrooms

PAN SEARED HALIBUT 32.95

Caramelized Fennel, Fennel Cream, Orange Gremolata